# BEHAVIORAL HEALTH SERVICES OVERVIEW

Peace River Center offers school and community based Behavioral Health Services. Combining therapy and case management in the school and home setting, these services provide support to increase positive behavior and strengthen healthy family dynamics.

#### SERVICES PROVIDED Behavioral Health Therapy

- Individual therapy addressing specific, child-centered goals
- Group therapy focusing on healthy communication, bullying, selfesteem, anger management, and impulse control
- Family therapy to strengthen parent/child relationship and increase positive behavior at home



#### **Targeted Case Management**

- Monthly home visits to assess, plan, link, monitor, and advocate supportive services for the child
- Individualized support to the child and family with community linkage to improve quality of mental health and family dynamics
- Coordination with other agencies such as DCF, DJJ, mental health providers, and school in order to ensure continuity of care

# BENEFITS OF THERAPEUTIC SUPPORT IN SCHOOLS

- Evidence-based services with proven success
- Improves classroom behavior and academic growth
- Multi-disciplinary approach with teacher, student, and parent involvement
- Strengthens emotional intelligence and regulation of behavior
- Develops coping skills to improve both academic and social interactions
- Reduces recidivism of Baker Acts
- Provides an identified Peace River Center liaison for each participating school to assist with linkage to mental health support and resources



# Behavioral Health Services can help with:

- Poor listening/communication
- Being disrespectful
- Not following directions
- Verbal/physical aggression
- Truancy
- Delinquent behaviors

Services are provided at no direct cost to the individual and are based on an assessment completed by a licensed mental health counselor.

# REFERRAL AND INTAKE PROCESS

# Referrals can be made by family, or be referred by:

- School staff
- Physician
- Therapist
- Others



All behavioral health services provided are voluntary.

Once a referral is made, an appointment is scheduled with a Licensed Mental Health Counselor who completes an assessment and develops a treatment plan. Peace River Center strives to make contact within 72 hours of referral.

### WHO IS ELIGIBLE?

Any child or adolescent (ages 5 to 17) who has Title XIX (Medicaid) and has a mental health diagnosis or a suspected diagnosis, which will be assessed, such as ADHD, oppositional defiant, conduct, or attachment disorders. If your child is not Title XIX insured, other payment options may be available.

To get started, call 863.519.0575, ext. 7300 to make an appointment.

### **BEHAVIORAL HEALTH SERVICES**

Peace River Center's Behavioral Health Services use a combination of individual, group, and family therapy as well as Targeted Case Management to address both the child's mental health while assessing for educational, financial, legal, and social needs that might be creating obstacles for the child and their family. Once a brief assessment is completed by a licensed mental health counselor, the child is matched with a master's level therapist who will provide individualized support through weekly therapy and case management services.

In addition to the school-based support, the therapist will also make monthly home visits. These visits provide an opportunity for family therapy as well as a chance to assess, monitor, and plan for the specific needs of the child and their family. When needs are met through referrals, community resources, or simply by having an advocate, the child and their family are able to focus more on improving mental health and strengthening family dynamics.



#### **CONTACT INFORMATION**

To make a referral, please contact: Ashley Chapman, MA, CBHCMS 863.519.0575, ext. 7300

Please fax all completed referral forms to: Peace River Center Attn: Ashley Chapman, MA, CBHCMS 863.733.4491

lf you have any questions, please contact: Tiffani Fritzsche, LMHC, CBHCMS 863.519.0575, ext. 6235 or Ashley Chapman, MA, CBHCMS 863.519.0575, ext. 7300



For after hours crisis, call: Crisis Line: 863.519.3744 Toll-free: 800.627.5906

For Outpatient Therapy or Medication Management appointments, call: Access Line: 863.248.3311



It is the policy of Peace River Center to provide equal opportunity in employment and the provision of services to all persons without regard to race, color, creed, sex, national origin, age, sexual orientation, religion, veteran status, disability, genetic information or genetic identity or other protected classifications.

